



Sunnyvale Little League Coronavirus Mitigation Protocol for 2021 and Safety Manual

Jan 2021

Members of Coronavirus Mitigation Board:

SVLL has developed a subcommittee to address the Coronavirus Mitigation Protocol. The subcommittee will manage all coronavirus concerns and work with the Board of Directors (BOD) to frequently communicate all health and safety procedures to league/district volunteers and families.



Members of Subcommittee:

Alison Fen-Ju Tsai
Albert Tang
Sue Jacob
Aarthi Ramaswamy
Nolan Duong
Aku Patel
Yeh Tung



State of California and Santa Clara Youth and Recreational Adult Sports

SVLL will follow Youth Sports guidelines from State of California and Santa Clara Public Health Dept. and Little League International

Information located here:

[Little League International](#)

[Santa Clara County](#)

[State of California Youth Guidance](#)

[American Academy of Pediatrics](#)

[Programs serving Children or Youth Santa Clara Co.](#)

Table: Youth and Adult Recreational Sports* Permitted by Current Tier of County

Widespread Tier 1†	Substantial Tier 2†	Moderate Tier 3†	Minimal Tier 4†
Outdoor low-contact sports <ul style="list-style-type: none"> • Archery • Badminton • Biking • Bocce • Corn hole • Cross country • Dance (no contact) • Disc golf • Golf • Ice and roller skating (no contact) • Martial arts (no contact) • Lawn bowling • Physical training programs (e.g., yoga, Zumba, Tai chi) • Pickleball (singles) • Rowing/crew (with 1 person) • Running • Shuffleboard • Skeet shooting • Skiing and snowboarding • Snowshoeing • Swimming and diving • Tennis • Track and field • Walking and hiking 	Outdoor moderate-contact sports <ul style="list-style-type: none"> • Baseball • Cheerleading • Dodgeball • Field hockey • Gymnastics • Kickball • Lacrosse (girls/women) • Pickleball (doubles) • Softball 	Outdoor high-contact sports <ul style="list-style-type: none"> • Basketball • Football • Ice hockey • Lacrosse (boys/men) • Rugby • Rowing/crew (with 2 or more people) • Soccer • Volleyball • Water polo Indoor low-contact sports <ul style="list-style-type: none"> • Badminton • Curling • Dance (no contact) • Gymnastics • Ice skating (individual) • Physical training • Pickleball (singles) • Swimming and diving • Tennis • Track and field • Volleyball 	Indoor moderate-contact sports <ul style="list-style-type: none"> • Cheerleading • Dance (intermittent contact) • Dodgeball • Kickball • Pickleball (doubles) • Racquetball • Squash Indoor high-contact sports <ul style="list-style-type: none"> • Basketball • Boxing • Ice hockey • Ice skating (pairs) • Martial arts • Roller derby • Soccer • Water polo • Wrestling

*This Table is not exhaustive, but provides examples of sports with different levels of contact so that the level of risk and appropriate Tier can be assessed for other sports.

†All sports permitted in lower tiers, are also permitted in higher tiers.

SVLL Health Assessment

Personal Health Awareness



SVLL requires that any player, coach, manager, volunteer, parent or spectator that is feeling ill or has flu like symptoms not attend any SVLL events and recommends that they contact their healthcare provider.

[CDC Symptoms of COVID](#)

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:

The infographic consists of two rows of four panels each. The top row shows: 1) A person coughing into their elbow, labeled 'Cough, shortness of breath or difficulty breathing'. 2) A person holding their head, labeled 'Fever or chills'. 3) A person with a thermometer in their mouth, labeled 'Fever or chills'. 4) A person with a fever, labeled 'Fever or chills'. The bottom row shows: 1) A person holding their arm, labeled 'Muscle or body aches'. 2) A person standing by a toilet, labeled 'Vomiting or diarrhea'. 3) A person with a green shirt, labeled 'Vomiting or diarrhea'. 4) A person with a red nose, labeled 'New loss of taste or smell'.

Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has
Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.

SVLL Health Assessment

Health Screening



Team Managers will screen players and coaches immediately before practice and games. When a team manager becomes aware of a coach, player or volunteer that is ill with flu like symptoms, they shall report it to the SVLL Health Safety Director immediately at safety@sunnyvalelittleleague.com

Any SVLL player, coach or manager that has been ill with flu like symptoms will not be allowed to attend or return to SVLL events until after they have spoken with the SVLL Health Safety Director and they will determine when the individual can return to SVLL events.

SVLL Health Assessment

Protocol in the Event of COVID-19 Exposure



SVLL will require that any SVLL player, coach, manager or volunteer that is suspected of COVID-19 exposure to self-quarantine as recommended by the Santa Clara County Health.

Report your exposure information to the SVLL Safety Director. SVLL will ask that they seek medical advice from their healthcare provider and inform the SVLL Safety Director of status.

The SVLL Health Safety Director will investigate the possibility of spread to the SVLL community and report to the Board their findings and recommendations ASAP.

The SVLL Health Safety Director will report any suspected Covid-19 case to the SVLL Board for proper team/division/league notification

No player, coach, manager, volunteer that is/was known to have COVID-19 will be allowed to return until after they receive clearance from their doctor to return to organized youth activities. Refer to CDC website below for more information

[CDC website](#)

SVLL Health Safety Director : Alison Fen-Ju Tsai

safety@sunnyvalelittleleague.com

SVLL Health Assessment

Protocol in the event of a positive COVID-19 case



Any positive test of a SVLL player, coach, manager, volunteer will result in the immediate notification to the league (all families). The individual's name will not be released to league. Their identity will only be known by the reporting party (i.e. manager/parent/etc.) and the SVLL Health Safety Director

The SVLL Board will assess health of the league at that time. In the event of a season suspension, the entire league will self-quarantine (no practices or games) for 2 weeks before any SVLL event may resume.

[Testing sites for Covid-19 Santa Clara CA](#)



Team Practice Procedures (First Practice)

Prior to the first practice, the team manager will contact each family and discuss the new SVLL COVID-19 protocol with them.



The first practice must include a team discussion on the SVLL COVID-19 protocol and the league's expectations regarding PPE, Social Distancing, health screening, health reporting & equipment sanitation and use. For each event (practice, game), a log of players' attendance and health screening will be kept.

Scheduling of practices will be staggered by 15 minutes to limit the number of families at facilities. Team practices should begin and end on time with maximum limit of 90 minutes.

Team Practice/Game Procedures (To be conducted each practice/game)



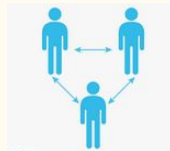
Health screening before practice



No sharing of personal equipment



Practice social distance in practice drills



Social distancing in team meetings



No sunflower seeds or gum allowed.
No sharing of food or water bottles.



Team must stay in pod. No players from other teams during practice or games.



All Coaches and players must wear masks at all times during practice

Game Procedures (Protocol for Every Game)

We recommend mask for players on the field, but for if they feel face covering poses a danger, They can remove it for a short time to address their issue and put it back on when they feel it's safe.

[SCC Guideline](#) 4.Face Coverings - f

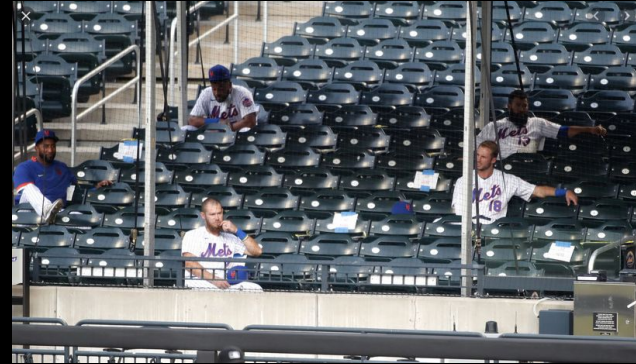
All adults and on the field will wear facial coverings or masks.

- Adult spectators will wear facial coverings or masks and be limited to immediately family members only attending games
- Managers will health screen all players and coaches upon their arrival at fields.
- No shared personal equipment (i.e. bats, helmets, gloves).
- No sunflower seeds or gum allowed.
- All human to human contact discouraged.
- No handshakes or personal contact celebrations.
- Social distancing team meetings.
 - Post and Pregame meetings ok.
 - No end of inning meetings.
- Game start times staggered to reduce the number of people at facility.



Game Procedures on large fields

- Fans can enjoy the game beyond the outfield fence with social distance or past the foul lines, bring your own camping chair
- Fans will be **not** be permitted in the bleachers during games.
- The aluminum bleachers on both the visitor and home sides of the field will be designated for players.
- Scorekeeper and one parent helper can be in bleachers (can rotate)
- Players will social distance on bleachers when in use.
- Facial coverings or masks will be worn at all times in the bleachers
- The first three batters will report to the dugout and be ready for their turn.
- Players in the field are required to wear facial coverings or masks



Game Procedures

T-Ball & Pioneer Division

- Recommend facial coverings or masks will be worn at all times
- Wipe down bats after each use
- When playing defense, coaching will emphasize players maintaining their social distance.
- When a ball is in play, teaching the players not to all to charge the ball
- Minimal adult touch of baseballs
- Only one coach/adult from each team to touch game tee
- Constant adult hand sanitization
- T-ball/Pioneer player to bring personal camping chair
- Use common sense



Game Procedures

Challenger Division

ALL Sunnyvale LL rules will apply, with the following exceptions:

- Mask rules may be loosened depending on the player's needs
- Teams will scrimmage with themselves; no traveling, no hosting other teams
- No outside buddies; family members only
- No one in the dugout except for one manager/coach, on-deck batter and buddy
- Wipe down bats after each use



Game Procedures (Umpires)

- Health screening of umpires by managers/scorekeeper upon their arrival at field
- Umpire will help provide guidance on game ball will changed every inning or pitching change.
- The Plate Umpire will stand near the pitchers to call balls and strikes.
- Equipment inspection should still occur, but equipment should be spaced out by players/coaches. Inspection will be visual only. Umpires should not touch equipment.
- Pregame home plate meeting will be conducted to social distancing standards and will only be with one umpire and both managers.
- Umpires will have mask on face





Equipment Sanitation

No sharing of personal equipment

- Bats, helmets, gloves

Any league equipment that is shared shall be disinfected between use.

- Catcher's equipment
- T-Ball bats
- No catchers in Pioneer or T-Ball Division.

Baseballs will be sterilized with a disinfectant spray at games and any foul balls that are returned to the field.

Spacing out equipment in and outside of dugout.

Game balls will be changed out every inning or pitching change.

SVLL Facilities

- Social distancing signs will be placed around all SVLL fields.
- Social distancing markings will be identified on the bleachers
- Frequent and daily cleaning of facilities by coaches, board members and snack shack personnel.



PLEASE STAY
6FT APART



& WASH YOUR
HANDS REGULARLY

STAY SAFE ON AND OFF THE FIELD



Stay home if you are sick.



Bring your own equipment and gear (if possible)



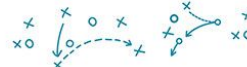
Cover your coughs and sneezes with a tissue or your elbow.



Wash your hands or use sanitizer before and after events and sharing equipment.



Tell a coach or staff member if you don't feel well.



SVLL Facilities (Batting Cages)

- Social distancing signs will be placed around the cages.
- No shared personal equipment
- One team must occupy both cage lanes at a time.
- NO two teams in a cage location at the same time



SVLL Facilities (Snack Shack)

- Plexiglass affixed to customer counter
- Volunteers working in the snack shack must wear PPE (Personal Protective Equipment) at all times (Gloves & Mask)
- Hand sanitizer will be provided free of charge at Snack Shack counter
- No gum or sunflower seeds will be sold at snack shack, nor will it be allowed at any SVLL event.
- Social Distancing markings are placed on ground near snack shack



SVLL Volunteers



- SVLL requires that any Volunteer that is feeling ill or has flu like symptoms not attend any SVLL events and recommends that they contact their healthcare provider.

For Parents Volunteering in-person:

- All volunteers will be required to wear masks or facial coverings when performing their volunteering activity, if social distancing cannot be maintained.
- Leads will screen volunteers before starting shifts. Volunteers will be asked if they've experienced COVID-19 symptoms and administered temperature checks.
- Volunteer (who has had contact with other SVLL members while volunteering) that is suspected of COVID-19 exposure OR has had a positive Covid test is
 - Required to self-quarantine as recommended by the Santa Clara County Health
 - Required to report their exposure/diagnosis information to the SVLL Safety Director
 - Asked that they seek medical advice from their healthcare provider and inform the SVLL Board.



Safety Manual Distribution:

SVLL Safety Plan for 2021 Season

Please see Mgr Safety folder on Google Drive

Emergency Plan

Emergency Procedures:

In the event of an accident please make sure that you as the Manager or Coach stay calm and tend to the injured player. It is only natural for the other team members to run to the injured player. In the best interest of the injured player and to help enable you to provide proper care please instruct all other players to go back to their respective positions.

In case of a minor injury:

Apply the cold pack to the area that was injured.

In case of a minor cut, apply the antibiotic ointment and cover the area with a Band Aid.

In case of a serious injury:

Stay with the injured player and provide comfort until medical attention is there.

If necessary: Call 911 from any landline telephone, pay phone or cell phone.

Note: In Sunnyvale and neighboring communities most cell phones will route to the 911 center of the community from which the call is being placed, however a large number of 911 cell calls will be answered by the California Highway Patrol (CHP) at a remote dispatch center. If this happens, immediately and calmly inform the caller of the location and nature of the emergency. The dispatcher will quickly route your call to the appropriate public safety agency



Emergency Plan continue..

When reporting a medical emergency, most dispatch centers will ask you for information in a prescribed order. Answer all questions succinctly. An ambulance will be dispatched and the call taker will provide you with first aid instructions.

Sunnyvale DPS (Police, Fire & Ambulance) can be called directly at (408) 736-6244. This is a direct emergency phone number into the 911 center answered second only to 911. Managers, Coaches and League Officials may wish to program this number into their cell phones.

Local Medical Care:

Emergency Room	Urgent Care
El Camino Hospital	Palo Alto Medical Foundation
2500 Grant Road	701 E. El Camino Real 2nd floor
Mountain View, CA	Mountain View, CA
650-940-7055	650-934-7800 (Urgent Care)

Criminal or Security issues:

Sunnyvale DPS		
Answering Point	(408) 730-7100	(non---emergency)
Dispatch	(408) 730-7180 or (408) 730-7181	(non-emergency)



Emergency Plan continue..

Emergency: 911

For more detailed emergency information please refer to **Appendix A “Basic Medical Injuries –How You Can Help”**

For other reference material visit the Little League’s web site: <http://www.littleleague.org/forms&publications/ASAP>

Note to Safety Director:

Obtain copies of the above manual for distribution to all Managers. The manual can be ordered from Little League Headquarters at Williamsport, by going on the web at <http://www.littleleague.org>, email asap@musco.com, or call (570) 326-1921.

First Aid Training for Managers and Coaches:

Managers and Coaches will be provided with first aid and emergency training before the season begins. The 2020 SLL Safety Officer will provide first aid & emergency training at the managers meeting on *February 24, 2021*. **All Managers are required to attend at least once every three years and a representative from each team is required to attend every year; however every Manager and Coach is encouraged to attend regardless of their last date of attendance. In addition, Managers must attend a mandatory manager’s meeting with SLL which includes review of safety issues with the Safety Director and the Umpire in Chief.**

Emergency Plan continue..



Accident Reporting Procedures:

The Little League organization is constantly looking into ways to improve the safety of everyone. To facilitate this effort, we must provide them with the details of any accident. The Manager is responsible for completing the Incident/Injury Tracking form and giving it to the Safety Director, safety@sunnyvalelittleleague.com, within 48 hours of an accident. Players who are injured during a game and leave to seek medical attention need a release from a doctor before they play in the next game. Managers are requested to track “near misses” as a proactive tool to avoid future potential accidents and injuries. The accident form is available in the following locations:

-The Little League website http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf

-The equipment shed near the fields where the game is being played

-SLL Website: <http://www.sunnyvalelittleleague.com>

Under Safety/Sunnyvale Little League Accident Reporting Procedures

-The SLL Snack Shack

-Safety Director: safety@sunnyvalelittleleague.com

If the Facilities Director is not available and urgent help is needed:

Department of Public Safety

City of Sunnyvale Non- Emergency Line

408-730-7180

SLL Headquarters -- PO Box 2566, Sunnyvale, CA 94087

EMERGENCY CONTACT PROCEDURES



The most important help you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured person. If this is not possible, send someone else to make the call from a nearby telephone. Be sure that you or another caller follows these steps.

- 1) **First dial 9-1-1.**
- 2) **Give the dispatcher the necessary information.** Answer any questions that he or she might ask.

Most dispatchers will ask:

- **The exact location or address of the emergency?** Include the name of the city or town, nearby intersections, landmarks, etc. as well as the field name and location of the facility, if applicable.

Our address is: _____

Cross-streets are: _____

- **The telephone number from which the call is being made?**
- **The caller's name?**
- **What happened**— i.e., a baseball-related accident, bicycle accident, fire, fall, etc.?
- **How many people are involved?**
- **The condition of the injured person**— i.e., unconscious, chest pains, or severe bleeding?
- **What help is being given**(first aid, CPR, etc.)?

- 3) **Do not hang up until the dispatcher hangs up.** The dispatcher may be able to tell you how to best care for the victim.
- 4) **Continue to care for the victim until professional help arrives.**
- 5) **Appoint someone to go to the street and look for the ambulance or fire engine and flag them down if necessary.**

This saves valuable time. Remember, every minute counts.