



SVLL Individual Training Sessions Protocols

Approved by SVLL Board on February 10, 2021

Revision 3/9/2021 -- In alignment with the latest CA Youth Sports Guidance published on February 16, 2021, the following revisions are effective immediately:

- *Removed constraints on number of coaches per Pod/Team*
- *Removed Pod interval requirements of “3-weeks”*
- *Recommended, but not mandatory, to limit participation to a single activity*
- *Continue to recommend against equipment sharing, but if needed, equipment can be shared if hand hygiene is performed regularly. Removed equipment wiping requirements.*

SVLL will continue to monitor State and County guidance and update our policies accordingly.

These guidelines are intended to serve as a guidance supplement to the health orders dictated by the State of California, County of Santa Clara and City of Sunnyvale, California for the purposes of training. All Sunnyvale Little League (SVLL) Coaches, Players and Parents shall adhere to these protocols. It should also be considered that we will not be playing games until we move into the Red tier with approval from the city. These protocols and guidelines are for individual training sessions only, in a group setting.

1. For these sessions, the league Safety Director (Fen-Ju “Alison” Tsai) will be the point of contact for the implementation of enforcement of these protocols. This may change for future sessions.
2. In the event of an outbreak of the virus, the league Safety Director will coordinate with local health officials and any pertinent organizations regarding any league activity and will follow all guidelines regarding notification requirements.
3. The league Safety Director will be responsible for monitoring updates by Santa Clara County and the State of California Department of Public Health and will follow whichever guideline is stricter. The Safety Director will contact Players, including parent and guardian, league volunteers, and the SVLL Board of Directors of any changes to this set of protocols. Protocols are changing and being added constantly. The SVLL Board of Directors shall regularly visit state and county COVID-19 websites to ensure that they are operating consistent with the latest guidance. The following list of state and county directives that are potentially relevant to the baseball program is intended as a resource only; it may not include all applicable directives or directives may be issued in the future that also apply.

LIST OF COUNTY/STATE ORDERS:

a) SCC Mandatory Directive for Programs Serving Children or Youth

<https://www.sccgov.org/sites/covid19/Documents/Mandatory-Directives-Programs-Serving-Children-or-Youth.pdf>

b) CDPH Interim Guidance: Youth Sports (released Aug. 3, 2020)

<https://files.covid19.ca.gov/pdf/guidance-youth-sports--en.pdf>

c) CDPH Questions and Answers About Youth Sports (released Aug. 3, 2020)

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Youth-Sports-FAQ.aspx>

d) CDPH Guidance for Small Cohorts/Groups of Children and Youth (revised Aug. 25, 2020)

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/small-groups-child-youth.aspx>

e) CDPH Answers to frequently asked questions about cohort guidance – Providing Targeted, Specialized Support and Services at School (revised Aug. 3, 2020)

<https://files.covid19.ca.gov/pdf/guidance-schools-cohort-FAQ.pdf>

f) CDPH Blueprint for a Safer Economy (effective Aug. 31, 2020)

<https://covid19.ca.gov/industry-guidance/>

GROUPS (Players and Personnel):

4. The league President with the appropriate Player Agents and feedback from the coaches will compile a list of no more than 12 Players for each Approved Training Pod (collectively “Players”).
5. The league SVLL President (Mike Lee) with the appropriate Player Agents and feedback from coaches will compile a list of no more than 2 coaches for each Approved Training Pod (collectively “Personnel”).
6. Only one Approved Training Pod shall occupy the entirety of the field during any one time slot. Approved Training Pods (including Personnel) may not enter the field until their time slot begins and must be off the fields by the end of their time slot.
7. Players and Personnel may not move from one program to another more often than every three weeks.
8. Personnel may not participate in any In Person activity associated if they are working at, supervising, or volunteering at a sports or other recreational program.
9. Players and Personnel may not participate in any other sports program simultaneously. Players and Personnel must have a two week break after participating in any other kind of recreational activity or sport before participating in the SVLL program. Players may not participate in any In Person activity associated with SVLL for two weeks after participating in a sports program, childcare program, or other recreational activity.
10. The list of Players and Personnel for each Approved Training Pod will be sent to all board members as well to other Approved Training Pods.

ADHERENCE:

11. The league Safety Director will instruct all “Personnel” on proper protocols (Social Distancing protocol) and have signed acknowledgment (Appendix 1) of understanding by Personnel before any Approved Training Pod may start Individual Training sessions.
12. A copy of these protocols will also be given to each member of the Approved Training Pods prior to participation. It will also require a signed waiver acknowledging the associated risks, a release of liability as well as a form acknowledgment of these protocols. The signed waiver and acknowledgment form will be returned to the league Safety Director. (Appendix #2 and #3).
13. A complete list of Personnel and Players at each Individual Training session to include: the date, beginning and ending time of the event, plus name, address,

and phone contact to be made available upon request from local health or school district.

14. Each Approved Training Pod is required to keep an Online log of which players are in attendance for any given Individual Training Session. This must be accessible by the League President and Safety Director. The record must include the Date, Beginning and Ending Time of the Individual Training Session, Players Name, Address, and Phone Contact. The League will cooperate with the Local Health District to facilitate contact tracing and will furnish this list to health officials upon request.
15. All players (or parents on behalf of players) and Personnel will be required to acknowledge online via Google Forms (to be provided) that they are free from any symptoms that would cause them from participating in the Individual Training Session (i.e. fever, sore throat, cough, sneezing, body aches, loss of smell, difficulty breathing or fatigue) as well as exposure to anyone who has been confirmed to have COVID-19. This form must be filled out on the day of the Individual Training Session. If acknowledgement has not been completed, Player or Personnel will not be permitted on the fields.
16. Contact the local health district about suspected cases or exposure. Contact the league Safety Director about suspected cases or exposure.
17. Immediately isolate and seek medical care for any individual who develops symptoms after leaving the field.

INDIVIDUAL TRAINING SESSION PROCESSES:

18. The use of the SVLL Fields at Cherry Chase School, Cumberland School, Cupertino Middle School, DeAnza Park, Hollenbeck/Challenger School, San Antonio Park, Serra Park, Sunnyvale Middle School, and West Valley School (collectively "SVLL Fields") will be limited to Players and Personnel of the Approved Training Pods formed within our Challenger, T-Ball, Pioneer, Farm, Minors, Majors, Intermediate and Juniors Divisions. (individually, "Approved Training Pod", collectively "Approved Training Pods").
19. Only Players and Personnel from Approved Training Pods will be permitted on the fields during the Individual Training Sessions
20. Parent/Guardian must only drop off Players and pick them up. No waiting will be allowed. Parent/Guardian should not leave their vehicle. Approved Training Pods using Sunnyvale Middle School should have Personnel in sight of where the Players will be dropped off and picked up. All other fields have line of sight.
21. Carpooling is not allowed unless the Players are members of the same household that are living together.
22. Players may not wait at or around the fields. Drop off and pick up should be in a timely manner.
23. Signs will be posted at the facility to remind everyone about social distancing.
24. Upon arrival Players and Personnel should go to check in with the designated Personnel for verification of completion of Online acknowledgement, temperature check and hand sanitization with at least 60% alcohol-based hand sanitizer. Masks will need to be worn by players and Personnel at this time and social distancing should be maintained during this process.
25. Players equipment bags and individual equipment should be placed six feet apart in spaces designated by Personnel.

26. Dugouts will be only be used by Personnel for storing equipment during training sessions.
27. All Personnel are always required to wear masks at all times.
28. Players are required to wear masks at all times, unless it creates a safety hazard as prescribed by State and County guidelines.
29. Cones will be placed at least 6 feet apart during drills to designate where players should be to adhere to social distancing requirements.
30. Baserunners will be used in live action drills.
31. Catchers may not be used during hitting drills. Pitches will be thrown into a net placed behind home plate.
32. Players will have their own personal equipment. (gloves, helmets, bats, batting gloves, face masks, face coverings, water). No baseballs shall be brought by a Player to any Individual Training Session.
33. Each player shall have their own single serve water or water bottle. No sharing is allowed.
34. Drinking fountains will be off limits.
35. Unless necessary, no food of any kind is allowed. Under no circumstances are gum or seeds allowed
36. The Snack Shack will remain closed.
37. Clearly marked buckets will be used to collect balls after use. Personnel will wipe* down balls in accordance with the CDC guidelines prior to being used again.
38. Approved Training Pods should have their own baseballs. No baseballs from other groups should be used.
39. If batting cages are used only one player and one coach may be in the cage at the same time. One batter and one pitcher. One adult should open the cage for entrance and exit of players. This will allow only one person to contact the surface of the gate. The entrance gate should be sanitized before and after use. Players waiting a turn in the cage must always be spaced six feet apart using cones to designate distance.
40. Minimize close contact: no handshakes, fist and elbow bumps, or hugging. It is necessary to always maintain a 6+ foot distance between Players.
41. No socializing or congregating in the parking lot before, during or after practices.
42. Players and Personnel will also use at least 60% alcohol-based sanitizer immediately after the practice is over. Approved Training Pods will provide hand sanitizer for their team.
43. Use of the bathrooms is discouraged. Under emergency circumstances, they can be used.
44. Trash cans will not be available on the field. Any trash generated by a Player or Personnel MUST be taken by that individual when leaving the field.

POST INDIVIDUAL TRAINING SESSION PROCESSES:

45. Handles of any equipment that is used to maintain field condition (including, but not limited to brushes, drags, brooms, diggers, etc.) should be properly wiped* down after each use.
46. Any locks or handles within the field that are touched should be properly wiped* down after each use.
47. Approved Training Pods must fully sanitize bases before and after use.

48. Baseballs should be wiped* after each practice in accordance with the CDC guidelines.
49. All Players and Personnel are encouraged to shower/bathe when they return home and wash all clothing used during the Individual Training Session.

PERSONAL PROTECTIVE EQUIPMENT:

50. Personnel from each Approved Training Pod will be responsible for providing the following supplies at each Individual Training Session.
1. wipes* (for use in wiping down gates, locks, handles of field equipment, balls, other surfaces, etc.)
 2. trash bags for collection and disposal of wipe or first aid trash
 3. 60% or greater alcohol-based hand sanitizer
 4. baseballs
 5. first aid kit
 6. medical gloves
 7. Instant freeze ice packs
 8. additional disposable facemasks
 9. in addition to their own face covering (to be worn at all times), each member of personnel should come equipped with eye protection (can be sunglasses) in the event that social distancing protocols must be broken (e.g. in case of injury).

* acceptable wipes are those that are disinfectants against COVID19 (list of products here <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>)



Protocol Awareness Verification (Personnel)- Appendix 1

I certify that I have read all the protocols for holding an Individual Training Session during the 2021 Sunnyvale Little League season. I understand that any breach of these protocols will lead to my dismissal from my group and I will not be allowed to return during the 2021 season.

I understand the purpose of these protocols is to foster a safe environment for all the players and throughout the league.

I certify that I will keep a log of all my practices. This will allow the league to do tracing of my group in the event of an outbreak of the virus.

I understand that there may be additional protocols that could be enacted by the League President.

I will abide by all protocols deemed necessary by the league.

Personnel Name (print): _____

Signature: _____

Date: _____

Email: _____

Cell # _____



Protocol Awareness Verification (Parents and Guardians) - Appendix 2

I certify that I have read all the protocols for Individual Training Sessions during the 2021 Sunnyvale Little League season. I understand that any breach of these protocols will lead to my player's removal from his/her group and he/she will not be allowed to return during the 2021 season.

I understand the purpose of these protocols is to foster a safe environment for all the players in my player's group and throughout the league.

I understand that there may be additional protocols that could be enacted by the League President.

I will abide by all protocols deemed necessary by the league.

Player's Name (print): _____

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____

Date: _____

Email: _____

Cell # _____



ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT
RELATING TO COVID-19 EXPOSURE, COVID-19 LIABILITY, AND COVID-19 RISKS
(APPENDIX 3)

IN CONSIDERATION for myself and/or my children listed above being permitted to utilize the services, utilize the facilities and/or participate in the programs of Sunnyvale Little League (the "Organization"), including, but not limited to, observation or use of facilities or equipment, or participation in or acting as a spectator during any program affiliated with the Organization, the undersigned, on behalf of himself or herself and such participating children and any personal representatives, heirs, and next of kin (hereinafter referred to as "the undersigned") hereby acknowledges, agrees and represents that he or she has inspected and carefully considered such premises, equipment, and facilities and has considered the Organization's programs and that the undersigned finds and accepts same as being safe and reasonably suited for the use or participation by the undersigned and such participating children.

In addition, the undersigned acknowledges that novel coronavirus ("COVID-19") infections have been confirmed throughout the United States, including cases in the undersigned's own State and locality. In accordance with the most recent guidance and recommendations issued by the World Health Organization (WHO), the Centers for Disease Control and Prevention (CDC), undersigned's own State's Department of Health (DOH) for slowing the transmission of COVID- 19, the undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall visit or utilize the facilities, services, and/or programs of the Organization (other than any exclusively online services and programs) within 14 days after (i) returning from highly impacted areas subject to a CDC Level 3 Travel Health Notice, (ii) exposure to any person returning from areas subject to a CDC Level 3 Travel Health Notice, or (iii) exposure to any person who has a suspected or confirmed case of COVID-19. The CDC Travel Health Network is continuously updating this list and the undersigned agrees that they are aware of this list and the countries listed. The undersigned agrees to check on a daily basis the CDC Travel Health Notices list (<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>) prior to participating in or utilizing the facilities, services, and programs of the Organization. The undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall participate in, visit or utilize the facilities, services, and/or programs of the Organization if he or she (i) experiences symptoms of COVID-19, including, without limitation, fever, cough, loss of sense of taste or smell, or shortness of breath, or (ii) has a suspected or diagnosed/confirmed case of COVID-19. The undersigned agrees to notify the Organization immediately if he or she believes that any of the foregoing access/use restrictions may apply.

The Organization has taken certain steps to implement certain recommended guidance and recommendations issued by public health agencies for slowing the transmission of COVID-19, including, without limitation, the access/use restrictions set forth above. The undersigned acknowledges and agrees that the Organization may revise its procedures at any time based on updated recommended guidance and recommendations issued by public health agencies and further agrees to comply with the Organization's revised procedures prior to utilizing the facilities, services, and/or prior to participating in the programs of the Organization. The undersigned further

acknowledges and agrees that, due to the nature of the facilities, services, and programs offered by the Organization, social distancing of 6 feet per person among children and their fellow participants or others is not always possible. The undersigned fully understands and appreciates both the known and potential dangers of participating in the programs and/or utilizing the facilities and services of the Organization and acknowledges that use thereof by the undersigned and/or such participating children may, despite the Organization's reasonable efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE ORGANIZATION'S PROGRAMS, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

THE UNDERSIGNED, ON HIS OR HER BEHALF AND ON BEHALF OF SUCH PARTICIPATING CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the Organization or its national governing body organization, or any of their respective directors, officers, employees, volunteers and agents, or any of the fellow participants or their family members or guests from all liability to the undersigned or such participating children and all personal representatives, assigns, heirs, and next of kin of the undersigned or such participating children for any loss or damage, and any claim or demands on account of any property damage or any injury to, or an illness or the death of, the undersigned or such participating children (or any person who may contract COVID-19, directly or indirectly, from the undersigned or such participating children) whether caused by the negligence, active or passive, of the Organization or otherwise while the undersigned or such participating children are in, upon, or about the premises or any facilities or using any equipment of or participating in any program of or affiliated with the Organization. To the extent such statute applies, the undersigned also expressly and knowingly waives all rights under California Civil Code Section 1542, which provides: "A general release does not extend to claims that the creditor or releasing party does not know or suspect to exist in his or her favor at the time of executing the release and that, if known by him or her, would have materially affected his or her settlement with the debtor or released party."

THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY, DEFEND AND HOLD HARMLESS the Organization or its national governing body organization, or any of their respective directors, officers, employees, volunteers and agents, and each of them, from any loss, liability, damages or costs they may incur, whether caused by the Organization's negligence, active or passive, or otherwise while the undersigned or any participating child is participating in any program of the Organization or in, upon, or about the premises or any facilities or equipment affiliated with the Organization. The undersigned understands and agrees that the Organization is not required to provide insurance to cover the undersigned or such participating children in the event they suffer illness, injury, death, property loss, theft or damage of any sort upon, or about the premises or any facilities or equipment therein or while participating in any program affiliated with the Organization.

The undersigned agrees and acknowledges that use of the Organization facilities and services, and participation in the Organization programs, may involve inherent danger and risk, including, without limitation, the risk of physical illness or injury, death or property damage.

THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR, AND RISK OF ILLNESS, BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such participating children due to negligence, active or passive, or otherwise while in, about or upon the premises of the Organization and/or while using the premises or any facilities or equipment thereon and/or while participating in or observing any program affiliated with the Organization. The undersigned acknowledges that any illness or injuries that the undersigned or such participating children contract or sustain may be compounded by negligent first aid or emergency response of the Releasees and waive any claim in respect thereof.

THE UNDERSIGNED further expressly agrees that the foregoing ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the laws of the State in which the undersigned resides or participates and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

I HAVE CAREFULLY READ AND VOLUNTARILY SIGN THIS ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT AND FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENT APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES FROM THE ORGANIZATION IN CASE OF ILLNESS, INJURY, DEATH OR PROPERTY LOSS OR DAMAGE, INCLUDING, FOR THE AVOIDANCE OF DOUBT AND WITHOUT LIMITATION, EXPOSURE TO COVID-19 AT ANY ORGANIZATION FACILITY OR DURING PARTICIPATION IN ANY PROGRAM AND ANY ILLNESS, INJURY OR DEATH RESULTING THEREFROM. I UNDERSTAND THAT THIS DOCUMENT IS A PROMISE NOT TO SUE AND A RELEASE OF AND INDEMNIFICATION FOR ALL CLAIMS. IF SIGNING ON BEHALF OF MINOR: I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS AND I REPRESENT AND WARRANT TO THE ORGANIZATION THAT I HAVE FULL AUTHORITY TO SIGN THIS AGREEMENT ON BEHALF OF SUCH MINOR(S).

I have read and understand the terms of this Assumption of Risk, Release and Waiver of Liability, and Indemnity Agreement and agree to its terms.

Signature of Parent/Guardian

Printed name of Parent/Guardian

Date

Name of participant